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Where appropriate, the use of the male gender also implies the female gender.

INTERNATIONAL AMATEUR BOXING ASSOCIATION (AIBA)

The Amateur Boxing Association of England Limited (ABAE) adopts in their entirety, the Technical and Competition Rules of AIBA. The ABAE reserves the right to impose more stringent safety rules from time to time.

AMATEUR STATUS

All Members of Clubs must be Amateurs in accordance with the Amateur Boxing Association of England (ABAE) definitions below:

- 1) An Amateur is a person who:
 - (a) Has never competed for money, staked a bet or declared wager except for an approved Trust Fund or sponsorship, and
 - (b) Has never, save with the written consent of the ABAE, competed or sparred with or against a professional boxer, and is not concerned in the administration of a professional contest or professional exhibition or a tournament not authorised by the ABAE or relevant Affiliated Association.

(c) Holds no current licences issued by the Boxing Board of Control (BBB of C)

- 2) A bona fide amateur accepting the position of U.K. Coach, A.B.A. National Coach or A.B.A. Staff Coach or A.B.A. Regional Coach or is employed as a Physical Training Instructor or Physical Education Teacher or Leisure or Sports Development Officer will retain Amateur status.
- 3) Any Boxer who accepts money or other benefits either directly or indirectly from an approved Trust Fund or Sponsor will not forfeit his Amateur status.
- 4) Trust Funds and Sponsors must be approved by the Board of Directors of the ABAE.
- 5) The award of the Trust Fund and Sponsorship monies must be declared in advance.
- 6) The Board of Directors of the ABAE reserves the right to limit the amount and frequency of monetary awards and benefits and to specify the type of benefit which Boxers and or Officials may receive.

BREACH of ABAE RULES.

The breaking of ABAE Rules and Regulations by any Boxer, Second or Official shall render him liable to disqualification or suspension.

REGULATIONS FOR TOURNAMENTS:

General

No tournament shall be permitted to take place without the presence, for the duration of the tournament of: -

(a) A qualified and registered Official in Charge (OIC),

(b) A qualified and registered Referee,

(c) A Medical Officer (MO), who shall be a fully registered Doctor of Medicine. See page 14.

**(d) Resuscitation equipment and qualified operator(s).
See page 14.**

1. Only the ABAE and affiliated Regional Associations shall have the power to authorise the holding of boxing tournaments in their area (except for tournaments on premises where there is no general public access. e.g. police premises, prisons and service barracks etc.)

Only the ABAE shall grant permission for the televising of a tournament or part thereof. When the tournament is being held under the auspices of a Regional or Affiliated Association permission will only be granted on the recommendation of that Regional Association, which shall inform the ABAE of the proposed date, venue, duration of

televised period and fee payable in respect of such a tournament or part thereof. This condition applies equally to the televising of any other activity that falls within the jurisdiction of the ABAE or its Regional or Affiliated Associations.

2. Any Club/Division/Association wishing to stage a tournament must first ensure that the Licensing Act 2003, licenses the venue for boxing. The Division /Association must also inspect the venue to ascertain there are adequate facilities for a tournament.
3. No ABAE registered boxer, coach or official is allowed to participate or assist at any unlicensed tournaments (e.g. white collar / celebrity boxing events). If this rule is breached he will render himself open to ABAE discipline.
4. When any other approved Association viz: Combined Services Boxing Association (CSBA), Clubs for Young People (CYP), wishes to stage an amateur boxing tournament, open to the public, it shall first seek the approval of the host Association in order to avoid the clashing of tournament dates. In the event of conflicting dates the host Association will take precedence. In the event of the Regional Association withholding permission the ABAE can be asked to adjudicate.

5. Any tournament held without the prior approval of the Regional Association in whose area the same is held shall, for all the purpose of the Articles and Rules & Regulations of the ABAE, be deemed an unauthorised tournament. Granting approval does not carry the right to a permit fee unless the host Association is requested to provide Officials and/or other support. A fee shall be paid to the appropriate Regional Association/Division for all tournaments when the application is made. The application should be made at least 28 days prior to the tournament.
6. An ABAE permit must be issued for all tournaments by the appropriate Association / Division. **This must be clearly displayed at the venue during the tournament.**
7. For matches between Clubs affiliated to the Regional Associations and Units of the three Services, the Club or Unit promoting the tournament must first obtain a permit from its own Association. The Regional Association and the appropriate Service shall notify each other of all permits granted for such matches. Since Service boxers cannot take part in civilian tournaments without the written permission of their Commanding Officer, such permission must be produced to the OIC of the tournament. This rule also applies when the boxer is on leave.

8. No other tournaments may be held in the same Regional Association on the dates allotted to any round of any of the ABAE Championships, without approval of the Regional Association hosting those Championships.
9. Licenced photographers shall be allowed at the ringside at tournaments subject to the ABAE Child Protection Policy and Procedures [Paragraph 8] and where there are no boxers under 18 years of age, at the discretion of the OIC.
10. Introductions, speeches, collections, auctions, raffles etc. can only be allowed subject to permission of the OIC.
11. No person holding a professional licence shall be permitted in the changing rooms at an amateur boxing tournament without the permission of the OIC.
12. The programme, judges score papers, and a record sheet with full details of the bouts with the names of referees, judges and timekeepers shall be sent to the Regional Association Secretary within 3 days of the tournament. A copy of the record sheet, Medical Officer's Assistant (MOA) report form and the Medical Record Book (ME3) of any suspended boxer must also be sent to the Regional Association Medical Registrar within 3 days of the tournament.

13. No boxer may compete at a tournament without presenting a valid ME3 at the weigh-in. A registered coach or club competition secretary shall be permitted to look at his boxer's opponent's ME3 before agreeing to a match (**except in Championships**).

3-DAY RULE

14. From the day of the contest three clear days must have elapsed before boxing again (e.g. if a boxer boxes on Monday he cannot box until Friday). During specific championships and Internationals the three-day rule will not apply, but a boxer shall not compete in different Championships within 3 clear days.
15. **At no time shall a boxer have more than 2 bouts in 2 consecutive days.**
16. ABAE Coaches and Officials cannot be active with the ABAE until their names appear on the ABAE Criminal Records Bureau (CRB) disclosure list and ABAE's Medical Registrar's Database. Associate Members and Volunteers who wish to be active in an amateur boxing club are also subject to the same conditions. Coaches and Officials **MUST** carry their ABAE registration books cards when they attend tournaments as proof of the conditions laid out in the previous paragraph. The book must be produced to the OIC

upon request and valid IDENTITY cards must be displayed. Failure to do so will prevent the individual concerned from performing his duties at the tournament. **This is a condition of insurance.**

17. Suitable dressing room accommodation must be provided for competitors and officials at all tournaments. Whenever possible separate dressing rooms should be provided for appointed officials. Separate dressing rooms must be provided for female competitors and officials. No unauthorised persons are permitted in the dressing rooms unless authorised by the OIC. The only authorised people being boxers, coaches, MOs, medical personnel and appointed officials. Suitable arrangements should be made for female coaches with male boxers and for male coaches who have female boxers. **Female boxers must be afforded the privacy of a separate weigh in and medical to male boxers. In line with the ABAE Child Protection Policy no photographic equipment is allowed in boxers changing rooms.**
18. Officials and Clubs travel expenses will be based on public transport fares and ABAE approved mileage rates. (See Appendix 1 on pages 95-96).
19. At all tournaments, participating Officials, Coaches and Boxers must be provided with adequate food and drink.

20. In boxing contests, the 0 – 0 system must be used, either with the computer scoring machine or hand held calculator. If the calculator is used the Judge will transfer the final score, from the hand held unit, onto his score sheet and circle the name of the winner. He will hand his completed score sheet to the Referee. In contests where the referee has to judge at the same time as referee, the 20 - 20 system must be used.
21. With the exception of the appointed MO(s), **ALL mobile phones at ringside must be switched off.**
22. It is the responsibility of those staging the tournament to provide a MO, a competent Master of Ceremonies (MC) who should be ABAE qualified, CRB cleared and registered as an Official, and all necessary Stewards and Security Staff.
23. For all Championship events, the organisers must provide bandage inspectors, gloves up and whips.
24. Only in exceptional circumstance, and with the authority of the OIC, should officials who are also qualified coaches, be allowed to act in both roles at the same tournament.

Legal Substances/Drug Abuse

25. As laid down within the ABAE Doping Control Policy.

Medical Controls

26. As laid down in the Medical Aspects of Boxing
27. The nearest NHS Accident & Emergency Unit, together with the responsible Ambulance Station, must be informed of the full address, date and time of the tournament.

Weigh-In

1. At all tournaments a weigh-in will take place on the day of competition and shall be overseen by the OIC. If the OIC is delayed, he may nominate a qualified Official (OIC, Referee, Judge) to start the weigh in.
2. A boxer must present himself at the weigh in with a valid ME3, which must clearly state the classification of the boxer and display the expiry date of his medical examination period.
3. No boxer will be allowed to take part in a contest where the weight differential is greater than that allowed in his Championship weight category. (See Appendix 2 on pages 97 - 102)

4. Male boxers under the age of 17 must wear shorts or underpants when weighing in.
5. Senior male boxers can wear shorts or underpants when weighing in, but may weigh in stripped if they so wish. Before boxers are allowed to weigh in stripped, authorised females shall leave the weigh in room.
6. Female boxers must be chaperoned and must wear shorts and singlet top when weighing in. The only people allowed in the weighing in room at this stage will be the OIC, Coach/Chaperone and MO.
7. Scales for Championships and Internationals must have a valid certificate of calibration issued within 72 hours prior to the weigh in.

Tournament Medical Officer (MO).

A tournament MO shall be a fully registered Doctor of Medicine and shall be in attendance throughout all tournaments. Should he be called away at any time the tournament must be suspended whilst he is absent. The MO has to confirm at the time of appointment that he is equipped for, and is competent and confident in, airway resuscitation, and is prepared to officiate without paramedical assistance, otherwise a person or team so equipped and qualified must also be in attendance. No tournament shall commence without the resuscitation equipment being positioned at the ringside.

Medical Scheme

1. A qualified MO must examine intending competitors. The MO must sign the ME3 and enter 'fit to box'. No competitor shall be permitted to box unless certified by a MO as being fit to do so. If the MO fails to pass a boxer, he must sign the ME3, enter 'unfit to box', and enter the reason.

Any boxer who has been debarred from boxing on medical grounds shall not compete until passed fit to do so by a MO nominated by his Regional Association/Division

2. No boxer shall be allowed to take part in a contest if he wears any dressing on a cut, wound, laceration or blood swelling on his scalp or face, including the nose and ears or other open area of skin on the arms or trunk.
3. A boxer must present himself at the medical with a valid ME3, which must clearly state the classification of the boxer and display the expiry date of his medical examination period. He must present to the MO for inspection, a properly fitting gum shield. **From October 01 2009 red gum shields may not be worn.**
 - a. Fixed orthodontic medical braces and bridge will debar, except where the orthodontist has fitted the mouth guard and also provided written permission to allow the boxer to box. The boxer

must bring that letter to every weigh in and medical examination.

4. A boxer who has not competed for 12 months must have a re-medical.
5. **Solely at the MO's discretion**, a boxer's 5-year or 1 year medical or re-medical can be carried out at a tournament. Such medicals are not valid at that particular tournament. **The boxer cannot compete until his registration has been updated by the Medical Registrar and entered onto the Medical Registrar Database.**
6. A Female Boxer must sign the Declaration Form provided by the ABAE, stating that she is not pregnant, before being allowed to box. In the case of a Female Junior boxer that declaration must also be signed by the boxer's parent or guardian.
7. If the MO is male, a chaperone, who must be CRB cleared, must be in attendance whilst female boxers are being medically examined.

Skills Bouts

1. Only boxers under the age of 16 years who have had no more than 4 competitive bouts may participate in skills bouts.

2. Skills bouts are for the development of a boxer and enable him to bridge the gap between gym work and competitive boxing. Aggression and heavy punching are to be discouraged. The referee and boxers' coaches must ensure this aspect is strictly adhered to.
3. When announcing the bout the MC will make clear its purpose. The referee will conduct the bout in a similar manner to a competitive contest. The judges will not score the bout and no decision will be announced. The conditions with regard to weight, age and experience will apply equally to skills bouts as they do in competitive junior contests.
4. Boxers taking part in a skills bout must have a valid ME3 and be passed fit by the MO at the pre bout medical. Details of skills bouts must be entered on the ME3, but they will not count towards the minimum number of contests for eligibility to enter Championships.
5. A boxer is only allowed to take part in a maximum of 4 skills bouts.
6. Skills bouts are contested over 3 x 1 minute rounds with a 1-minute interval.
7. No more than 4 skills bouts are allowed at any tournament unless the tournament has been

arranged and advertised specifically for the purpose of demonstrating Skills Bouts.

8. All skills bouts must take place before any competitive bouts.
9. Coaches must conduct skills bouts in accordance with the Coaching Manual.
10. **NO** exhibition bouts are permitted at any tournament.

BOXING AGAINST OTHER NATIONALS.

General

1. Where more than one match takes place each boxer must weigh-in before each contest unless previously agreed to the contrary.
2. Only in Inter-club Multi-National Tournaments is a boxer permitted to box on 2 consecutive days. See paragraph 12, page 8.

A copy of the programme with a report of the results of the tournament shall be submitted to the ABAE within one month of the event.

3. Boxers taking part in these tournaments cannot be described other than as members of their club or Association.

4. Permission can only be granted to Associations or directly affiliated clubs.

Clubs or Associations Boxing Abroad

1. No Affiliated Association, club or member of an affiliated club may compete or officiate, or travel to compete or officiate, outside the area controlled by the ABAE without prior sanction of the ABAE, which must be obtained at least 14 days prior to the tournament. This does not apply to Scotland and Wales where permission is not required.
2. In the case of a Division/Club, sanction must be sought through the Regional Association Secretary who must receive a full list of all persons travelling abroad.
3. Consent of the ABAE will be subject to the following conditions:
 - (a) The inviting Association or Club is a member of an Association affiliated to AIBA.
 - (b) The inviting Association or Club has the approval of its own governing body, which shall be communicated directly to the ABAE.

- (c) Where a team is invited this shall consist of at least one third of the members of the invited Club.
 - (d) The match or contest shall not be styled International.
 - (e) Adequate personal accident insurance of all members of the team has been arranged. In the case of a Division/Club a copy of the insurance certificate must be sent to the Regional Secretary at least 3 days before travel.
4. The application to the ABAE must give the following information:
- (a) The date and venue of the proposed match or tournament.
 - (b) The names and Clubs of all the members included in the party.
 - (c) The number of contests arranged for each member of the team.
 - (d) The probable duration of the visit.
 - (e) Details of other personal accident insurance in addition to cover provided by the ABAE.

The ABAE may, if it so wishes, impose conditions on the travelling club, boxer or official when authorising the application.

5. The application must include the name and signature of the person who is responsible for the matchmaking and the care, welfare and protection of all members of the team.
6. Any Rules existing in the country being visited which conflict with the rules of the ABAE must be made known to the ABAE, and the parent Association of the travelling Club, at the time that permission is applied for.
7. Individual boxers results must be forwarded to the ABAE office within 72 hours of the match. Where required, a statement giving full details of the visit with expenses involved and any other information required must be submitted to the ABAE within six weeks of the match or tournament.
8. It is the responsibility of the Team Manager or person in charge to ensure that the boxers ME3 is marked up in all details. This condition also applies when boxing in Scotland and Wales.

Other Nationals Boxing against Clubs or Associations in England

1. Associations and Affiliated Clubs must obtain the approval of the ABAE before formally inviting boxers or teams from any Club or Association affiliated to any other National Boxing Association to box in England. The approval has to be granted 14 days prior to the date of the tournament. This condition does not apply to Scotland and Wales. The authority to invite teams from Ireland rests with the appropriate Regional Association Secretary. The ABA of England Ltd approval will be subject to the following conditions:
 - (a) The invited boxers are members of an Association affiliated to AIBA.
 - (b) The Association of the invited boxers gives its consent direct to the ABAE.
 - (c) The ABAE is satisfied that the inviting Association or Club is financially able to bear the cost of the visiting boxers.
 - (d) The match or contest must not be styled ‘ International’.

International Matches

1. Only matches controlled by and teams selected by each governing body represented can be styled International.
2. For Home Internationals, the ABAE may appoint a neutral judge to act with the ABAE appointed judges and the judges from the other competing country.
3. A boxer may not represent the ABAE in an International Match unless he is the holder of a British Passport.
4. At all tournaments the Team Manager or person in charge will ensure that all boxers' International Medical Record Cards and ME3s are marked up in all details (details of all injuries to be reported to the ABAE).
5. The respective Regional Association Secretary must be informed of the names of all selected boxers.
6. At all home based international tournaments the coach of a boxer representing England shall be given the opportunity to work in the corner along with the appointed ABAE coach.

TOURNAMENT OFFICIALS.

General

1. Officials qualified by the ABAE Referees and Judges (R & J) Commission are graded as follows:
 - a) AIBA - World Panel.
 - b) EUBF - European Panel.
 - c) Grade A – England Panel
 - d) Grade B – Regional Panel.
 - e) Grade C – Divisional Panel.

2. The ABAE Referees & Judges (R & J) Commission shall compile and maintain a panel of registered AIBA/EUBF/Grade A OIC's, Referees, Judges, Jury, Timekeepers, MC's and Computer Technicians for Championship and International Tournaments. Only those on this panel shall be eligible to act in the capacity of OIC Referee, Judge, Timekeeper, Computer Technician and MC at International Tournaments or in Championships Semi Finals and Finals.

3. An OIC, Referees, Judges, Medical Officer's Assistant (MOA), Recorder and Timekeeper, shall be appointed by the Regional Associations/Divisions for all tournaments. For National Semi-Finals, National Finals of all Championships and Home Internationals, the ABAE R & J Commission will appoint Grade A/ EUBF and AIBA OIC's, Jury,

Referees, Judges, Timekeepers, MC and Computer Technicians.

4. Where neutral Referees, Judges and Timekeepers are authorised for annual Championships and Internationals, the ABAE R & J Commission shall appoint them.
5. All Officials listed within paragraph 1, shall be:

In possession of a current CRB Disclosure certificate issued through the ABAE or its appointed umbrella body and appear cleared on the appropriate Association CRB Schedule. Please note that the ABAE do not accept portability from other organisations.

- a) In possession of a valid Identity Card and an Official's book bearing a likeness photograph and the current seasons registration stamp. The book must be carried at all times when on duty and presented to the OIC upon request. For insurance whilst on duty, he must also be registered on the ABAE National Database for the current season
- b) Qualified by examination set by the ABAE R & J Commission.

- c) On the appropriate Association's list of qualified Officials.
 - d) At least 17 years of age.
 - e) Invited to attend an R & J Seminar every 3 years.
 - f) Re-assessed by written, oral and practical examination, if inactive for 2 or more years, before being allowed to resume his duties.
6. An active boxer over 17 years of age may qualify as an Official, but may not officiate until he has retired from boxing.
7. A judge having at least one full year of satisfactory experience and service as such may apply for examination as a referee on the appropriate form endorsed by the Honorary Secretary of the Club, or affiliated Association, of which he is a member.
8. A judge/referee must have served for at least two years before being allowed to take the OIC examination.
9. Each Regional Association shall compile a panel of Grade A / Grade B / Grade C / EUBF / AIBA registered OIC's, Referees, Judges, Jury, Timekeepers and MC's who must be qualified by

examination by the Referees and Judges Commission. All Officials must be members of a Club or other affiliated Association (e.g. CSBA). Only Officials from this list will be authorised to officiate at preliminary, Association, pre-1/4 Finals and 1/4 Final rounds of all Championships and representative matches, with the exception of. Grade C officials, who shall not be used for Championship events.

10. Any OIC, Referee, Judge, Timekeeper or MC who has been active in that capacity at Grade C may be nominated for upgrading to grade B by his Division. Any grade B official, who has been active in that capacity, may be nominated for up grading to Grade A by his Association.
11. Associations may nominate tutors, who will be approved by the R & J Commission, and only tutors on the R & Js Commission list will instruct candidates. All examinations will be under the control of an R & J Commission member who will mark the examination papers. An independent member of the R & J Commission will also mark the examination papers before candidates are notified of the result.
12. All newly qualified judges must sit in at a tournament and judge a minimum of 10 bouts alongside the appointed judges. His scorecards must be sent in with tournament papers in the normal

way. He will be informed by his Association Sec. when he is competent enough to be appointed.

13. A newly qualified referee will be assessed at a tournament by a qualified referee from the ABAE R & J Commission. He shall not referee on tournaments until the R & J Commission has confirmed his competency in writing.
14. The ABAE, the appropriate Association concerned or the Referees & Judges Commission, shall have power to remove any Official from the Officials list. Upon this act being taken, both the Official concerned and, if nominated for the panel by an Association, his parent Association shall be notified of the reason or reasons for the action taken. He shall have the right of appeal for a reconsideration of his case, either directly or through his parent Association.

The Official in Charge. (OIC):

The duties of an OIC are to:

1. Regulate the programme, after consultation with the club Secretary, to see that the Rules of AIBA and the ABAE are complied with.
2. Ascertain that the tournament ring and equipment thereof comply with the Rules.

3. Ensure that a qualified MO has been appointed and has resuscitation equipment with him at ringside during boxing.
4. If the MO does not carry out resuscitation himself, ensure that trained resuscitation personnel and equipment are present before allowing boxing to commence.
5. See that the competitors comply with the Rules as to attire.
6. Nominate, where appropriate, one of the Referees or Judges to be responsible for a duty rota for the officiating Referees and Judges.
7. Ensure that a competent MC has been appointed.
8. Ensure that all persons who officiate at any tournament do not consume alcoholic drinks until their period of duty is completed. This rule also applies to coaches.
9. Report to the appropriate Association any serious breach of the Rules and any injury to a boxer considered serious, or any unsatisfactory conduct occurring at a tournament, or any incorrectness of the programme.

- 10 Report to the appropriate Association (if necessary) on the accommodation provided for competitors and officials.
- 11 Forward to the appropriate Association within three days of the conclusion of a tournament, a copy of the printed programme together with his report, the appropriate scoring papers, referee's report, Record Sheet, MOA's Report Form and the ME3 of any boxer suspended at the tournament.
12. Deal with any events arising in connection with the tournament not provided for and use his discretion on any matter not covered by this rulebook.
12. Ensure the administration and safe progress of the Medical Scheme. This has greatly increased the work of the OIC, but without whole-hearted co-operation and support from his MOA, it can only be partially successful. Most of his duties have some impact on the safety of the sport. This includes his responsibility for ensuring that the correct equipment is available and in a satisfactory condition, that boxers wear the necessary protective items of dress, and that all tournament Officials and Coaches are CRB cleared, qualified, registered for the current season and in possession of their registration book Ensure that all carry out their duties to the highest possible standard. The latter is particularly important with respect to the

standard of refereeing, in which the OIC has the authority (and the responsibility) to advise or report to the Division/ Association Secretary any referee who is not adequately protecting the boxer.

14. Ensure that regulations regarding the matching of boxers are rigidly adhered to.
15. Be totally familiar with the rules and regulations of the sport and apply them impartially. In cases where he must use his discretion and judgement, he must always decide on the course of action that will be **SAFEST** for the boxers. A good OIC will carry the respect of all concerned and the public will see the sport to be competently and safely administered.
16. Watch for infringements of the Rules during a tournament and to caution any offender. In the event of any further offence committed by that person, to remove him from the ringside. The matter will be entered on the OIC's Report Form.
17. Have overall responsibility to see that the Medical Scheme is administered at the tournament. In this, his main duties are delegated to the MOA, who should have extensive knowledge of the Medical Scheme, so that the OIC can trust him completely to carry out his duties as defined in the Medical Aspects of Boxing.

18. Bring to the attention of the MO, either directly or through the MOA. the fact that a boxer may have sustained an injury.
19. Retain the ME3, pending medical advice of any boxer, who has received an injury or a large number of blows to the head. The ME3, together with the Tournament Record Sheet and the MOA's report form, must be sent to the Association Medical Registrar within 3 days of the tournament taking place. If a boxer receives a suspension from boxing or sparring, because of a Knock Out (KO) or Referee Stops Contest due to head blows, RSC (H), the OIC must retain his ME3 and return it to the boxer's Association Medical Registrar for holding until the boxer is eligible to box again.
20. Observe or be informed of anything that has a bearing on the medical fitness of a boxer. The OIC must inform the MO and the Association Medical Registrar of this. The Registrar will then take the necessary action.
21. Accept the decisions of the MO regarding injury or illness of a boxer. If the situation appears to be at all serious, the contestant **MUST** be conveyed to the nearest Accident and Emergency (A & E) hospital, by ambulance if necessary, accompanied by a responsible person. The OIC should send with them the approved form C, completed by the MO, addressed to the Casualty Officer on duty, giving

the boxer's name, home address and telephone number if known, the venue, the nature of the illness or injury and any other relevant information. In cases of KO or RSC (H), an indication of the number and severity of blows, and the length of period of unconsciousness or amnesia (loss of memory), is important.

In other cases of KO or RSC (H), Form B must be completed and handed to the boxer with the instructions to consult his own Doctor within 24 hours.

22. Ensure that any boxer who suffers from concussion or amnesia after a boxing contest is sent to hospital for examination with the approved form C. If the OIC is in any doubt he must take this action immediately. No hospital will mind referrals if there is cause for concern. It is however, negligent not to refer a boxer who has a serious or potentially serious condition.
23. Ensure that an injured boxer is accompanied to his home if this is advised by the MO. In such cases, the boxer's coach, a club official or member of his family should be informed that if symptoms persist he should seek urgent medical attention or be taken to hospital. If he has suffered a KO or RSC (H) and appears well, he **MUST** be given a Form D, which advises on the care of a boxer who has received a head injury.

24. Ensure that the MO enters details of any boxer who receives an injury or suspension on the MOA's report form.
25. Ensure that details and the reasons of any boxer who fails the pre bout medical are entered on the MOA's report form.
26. Decide if a disqualified boxer may receive a prize.

COACHES.

General.

1. All Coaches must have an in date clearance by the CRB, and be in possession of a Coach's book bearing a likeness photograph and the current season's registration stamp. The book must be carried at all times when on duty and presented to the OIC upon request. Failure to do so will prevent the individual concerned from officiating at that tournament. He must also be registered on the ABAE National Database for the current season.
2. All Coaches who are responsible for boxers taking part in sparring and in competition must be qualified and in possession of a current valid coaching qualification. The minimum requirement being the ABAE Coach Award Part 1 (Assistant Coach Award).

Qualification.

1. Active boxers may qualify and act as a coach. They shall not participate in both capacities at the same tournament.
2. The minimum period that must elapse before advancing to the next coach level is:
 - (a) Assistant Award to Full Coach Award - One Year
 - (b) Full Coach to Senior Coach Award – Two Years
 - (c) Senior Coach to Advance Coach Award - Two Years
3. All coaches qualified at Assistant Coach level must, after a period of three years, take the Full ABAE Coach Award or must attend a refresher course.
4. All ABAE coaching awards are valid for three years after which period a coach must attend a respective refresher course. Coaches attending a refresher course will have their names entered in the Regional Coach's Log Book, which will be signed and dated by the Regional/Advanced Coach. Coaches attending the refresher will have their books suitably endorsed.

Coaches who have been inactive for a period of three years and wish to regain their coach qualification, must retake the full course at the level at which they were last registered.

5. A person taking an Assistant Coach course must be a member of an affiliated club. He will not receive his award nor be eligible to register with the ABAE until he has successfully completed a First Aid Course that is recognised by the Health & Safety Executive (HSE). A valid First Aid Certificate must be produced before receiving the "Coach" qualification. For the Assistant Coaches Award the minimum requirement is the "Appointed Persons First Aid Course".

Coaching Courses.

All coaching courses must be staffed by the appropriate ABAE qualified personnel:

1. **Assistant Coaches Course** -
Grade 1 Advanced or above;

Full ABAE Course -
Regional Coach or above;
Advanced Grade 2 and 3 and Senior Coaches can attend but only in an assistant capacity.
2. The maximum number of candidates attending an Assistant Coaches Course is 24. For a Full Coaches

Course the maximum is 18. **Any variation from this must have the approval of the ABAE.**

3. Coaching Course candidates must attend courses held in the Association in which their club is situated. Any variation on this must have the approval of the Association Secretaries concerned
4. Candidates for Senior and Advanced Awards must be recommended by the Regional Coach and endorsed by the Association Secretary. For Associations without a Regional Coach nominations must be made direct to the ABAE.

Ex Professional

An ex professional boxer or trainer may return to Amateur Boxing as a Coach. He must supply to his Regional / Secretary / Registrar, written verification from the Boxing Board of Control (BBB of C) of the relinquishment any professional licence(s).

Training Rings

Rings used for training purposes should equate as far as possible with the requirements of a tournament ring. Before use, it must be checked for safety and authorised by the Association to which the club is affiliated.

BOXERS

General

1. All boxers intending to compete must undergo a medical examination and be passed fit to do so. From 01 October 2009, **NO** initial 5-year medical examinations shall be carried out on boxers more than 28 days before their 11th birthday, on which day an ME3 becomes valid.
Boxers can compete from 11 years old and must retire from competition on his 34th birthday.
2. All affiliated Associations will arrange for their boxers to have an ME3 that must contain a record of bouts, names of opponents and how won or lost. The ME3 must also record any injuries or medical suspensions sustained in contests.
3. A boxer SHALL declare previous experience in the case of a replacement ME3. He SHALL also declare contests in other combat bouts. This information must be clearly entered at the top of page 1 of the ME3 and also endorsed by the Club Secretary. The number of combat bouts will count as competitive bouts and taken into consideration on entering all ABAE Championships. Total bouts for qualification must include 2 ABAE contests.

4. The registered holder of an ME3 **SHALL** not compete in any combat sports, except Amateur Boxing.
Failure to comply with this, will result in the ME3 being withdrawn. and disciplinary action may ensue.
5. All boxers up to the age of 30 years must have a full medical examination every 5 years. At that time a new photograph must be supplied for their ME3.
6. From the date of their 30th birthday boxers must have a full medical examination and complete a new ME1 every year until they reach the age of 34, after which they are no longer allowed to box.
7. A boxer can register as an Associate Member (Recreational Boxer) from 10 years of age until his 34th birthday. Registration will permit the member to spar.
8. The appropriate Medical Registrar(s) and Association Secretaries **MUST** be informed of the transfer of a boxer between Clubs during the current season, to enable the ABAE National Database to be kept accurate.
9. Female boxers **MUST NOT** compete against or take part in skills contests against male boxers.

Ex Professional

1. A boxer who has relinquished his professional licence and has not had more than 4 professional bouts may rejoin Amateur Boxing as a Boxer. He shall undergo a new 5-year or 1-year medical examination before being allowed to compete.
2. He must supply to his Regional / Secretary / Registrar, written verification from the BBB of C of the relinquishment of his professional licence and number of bouts competed in.
3. He must be classified as Intermediate.
4. He may not enter the Senior ABAE Championships until 1 year has elapsed from the date of his first medical on return.

Seniors

1. A Boxer becomes a Senior on his 17th birthday. When he reaches his 34th birthday, he will no longer be allowed to box, and his ME3 must be returned to his Association Registrar for cancellation.

Round Duration

2. Boxers will box 3 x 2 minute rounds and males may box 4 x 2 minute rounds or 3 x 3 minute rounds by agreement. Females may box 4 x 2 minute rounds by

agreement. In Open Championships and Internationals, males will box 3 x 3 minute rounds and females 4 x 2 minute rounds. In every case there will be an interval of one minute between rounds.

3. A Senior Boxer may participate in a maximum of 18 contests per season excluding Championships and International matches.

Classification

4. There shall be three classes of Senior Boxers. The appropriate classification being:

(a) **Novice**

A Novice is a boxer who has not competed in any stage of an Open Senior Championship. A Novice Boxer must not compete against an Open Class Boxer other than in recognised Championship

(b) **Intermediate**

An Intermediate is a Boxer who has:

- (a) entered and competed in an Open Senior Championship but has not won a Regional Association Title,
- (b) won a Novice Class 'B' Title.
- (c) won a CYP Class C Title.

(d) returned from professional boxing.

(c) **Open**

An Open is a Boxer who has:

(a) won an ABAE Senior Championship Regional Association Title.

(b) boxed at Senior level for his Country.

A Regional Association Executive Committee may upgrade a Boxer who in their opinion, is clearly above the prevailing standard for his current level of classification. Similarly, a boxer may be downgraded if his ability, in their opinion is below the standard prevailing in his current classification.

Juniors

1. A boxer is a junior from his 11th birthday (at which age he is eligible to hold an ME3), until his 17th birthday.

2. (a) Boxers under the age of 17 years **MUST NOT** concede more than 12 months in age, except where necessary for specific International Events.

(b) Novice boxers aged 17 years can compete against boxers aged 16 years provided

there is no more than 12 months difference in age.

- (c) It is recommended that Junior boxers do not concede age, weight and experience in a contest. The final decision for any contest is the responsibility of the OIC.

Rounds Duration

2. Unless the conditions for Championships or other authorised events prescribe otherwise the duration of bouts for Junior boxers will be as follows:

Both boxers aged over 11 years and under 14 years –
3 x 1.5 minute rounds

One boxer aged 13 and the other 14 years –
3 x 1.5 minute rounds

Both boxers aged 14 years -
3 x 2 minute rounds

One boxer aged 14 years and the other 15 years -
3 x 2 minutes rounds

Both boxers aged 15 years or over -
3 x 2 minute rounds, or 4 x 2 minutes by
agreement.
3 x 3 minute rounds by agreement
(Male boxers only)

In every case there shall be an interval of 1 minute between rounds.

3. (a) Boxers up to the season of their 17th birthday are allowed to box a maximum of 14 contests per season, excluding Championships and Internationals.
- (b) A season will run from 1st October until the 30th June, but for the purpose of insurance and registration it shall extend to the 30th September.
4. (a) Boxers under the age of 16 years shall not be allowed to box at tournaments after 10.30pm. (This is a legal requirement)
- (b) It is recommended that boxers aged between 16 and 17 years should not box at tournaments after 11pm.
- (c) It is advised that ALL tournaments should be finished by midnight.

RULES ASSOCIATED WITH A TOURNAMENT CONTEST

Competition Ring

At all tournaments the ring must conform to the following requirements:

1. The minimum size shall be 4.27 metres square (14 ft sq) and the maximum size 6.10 metres square (20 ft sq). In Championships the minimum size must be 4.88 metres square (16 ft sq). All measurements are inside the line of the ropes.
2. The platform shall be safely constructed, level and free from any obstructing projections and extend for at least 50cm (18ins) outside the line of the ropes. It shall be fitted with four corner posts, well padded or otherwise constructed as to prevent injury to the boxers. The floor shall be covered with felt, rubber or suitable ABAE approved material, not less than 1.5cm (1/2in) and not more than 1.9cm (3/4inch) thick over which the canvas shall be stretched and secured. The entire platform must be covered.
3. There shall be four ropes of a thickness of 3cm (1.18ins) minimum to 5cm (1.96ins) maximum tightly drawn from the corner posts at equal intervals from 40cm (1ft 3.7ins) to 1.30m (4ft 3ins) high. The ropes shall be covered with a soft or smooth material and joined on each side, at equal intervals, by two

pieces of close textured canvas 3-4cm (1.5 ins) wide that must not slide along the rope.

4. The ring shall have suitable steps at opposite corners for the use of contestants, officials and seconds. A third set must be provided for the MC.
5. At all boxing tournaments a minimum distance of 2 metres (6ft 6ins) shall be clear of all tables and persons, excluding those required for the use of officials.
6. The only persons authorised to enter the ring shall be a boxer, coach, referee, MC and MO on instruction of the referee.
7. A used swab container must be fixed to the outside of one or both neutral corner posts.
8. Mobile phones and audible pagers must be switched off in corners or at ringside during all competitions. The only exceptions to this rule are the ringside MO(s).

Officials Dress

Male Officials, except referees, should be attired in blazer or jacket, trousers, shirt with collar and tie. Female Officials, except referees, should be attired in blazer or jacket, trousers or skirt, blouse or shirt with collar and tie. Referees shall be dressed in white trousers,

white shirt, black bow tie and light shoes or boots without raised heels.

Boxers Dress

Competitors shall box in light boots or shoes (without spikes and without heels), socks, standard shorts reaching at least half-way down the thigh but not below the knee. and a vest covering the chest and back. Boxers are allowed to display tassels on their shorts and boots. Boxers may not wear sequins on any part of their dress.

Head guards

When competing at any tournament within the area controlled by the ABAE ALL boxers must wear properly fitting head guards, made by manufacturers approved and stamped by AIBA. or approved by the ABAE.

In all bouts boxers must wear a Red Head guard and gloves in the Red Corner and a Blue Head guard and gloves in the Blue Corner.

1. In cases of the head guard becoming displaced, the following shall apply:
 - (a) 1st occasion:
The referee shall instruct the second to re-fit the head guard. .

(b) 2nd occasion:

The referee shall take similar action, except that he shall caution the second that if the head guard becomes displaced for a 3rd time, the bout shall be terminated.

(c) 3rd occasion:

The bout will be terminated and the non-offending boxer will be declared the winner by Referee Stopped Contest (RSC).

(d) If, in the referee's opinion, the head guard has become displaced due to the activities of the other boxer, he will not count it as a first or second occasion but will caution or warn the other boxer for a foul.

2. A boxer shall enter the ring not wearing his head guard and it shall be fitted in the ring on the referee's instruction, after the boxer has been checked for the wearing of earrings, studs, etc. The head guard shall be taken off immediately after the bout and before the decision is announced.
3. In all cases of the head guard becoming displaced it is at the discretion of referee what action to take.

Competition Gloves

1. All boxers will wear 10oz (284grams) gloves comprising 5 oz leather, 5oz padding.

2. Only boxing gloves made by manufacturers approved and stamped by AIBA or approved by the ABAE will be used at any tournament within the area controlled by the ABAE.
3. Boxers will enter the ring wearing their boxing gloves. The gloves shall be taken off immediately after the bout before the decision is announced, to enable the referee to inspect the hand bandages. Irregularities at this stage may render a boxer liable to disqualification.
4. At all tournaments, competitors shall use the gloves supplied by the organisers. Red gloves to be used for the red corner and blue gloves for the blue corner.

Hand Bandages

ALL boxers must wear Crepe type bandages or AIBA approved wraps when competing. A bandage must not be longer than 4.5 metres and not shorter than 2.5 metres. The bandage should be 5.7cm (2 ") wide.. **NO OTHER KIND OF BANDAGES MAY BE USED.** The use of any kind of tapes, rubber or adhesive plaster as bandages, is strictly forbidden. A single strap of adhesive not to exceed 7.6 cms (3 in.) long in length and 2.5 cms (1in) wide, but in no case to exceed 5cm width may be used on the upper wrist to secure the bandages.

Gum shields

All boxers must wear properly fitting gum shields.

From 01 October 2009 **NO** red coloured gum shields may be worn. If the gum shield comes out accidentally it will be washed and replaced. If it is deliberately ejected one or two times, the boxer shall be cautioned. A 3rd and 4th offence will warrant warnings. A 5th offence will warrant disqualification.

Body protectors

All boxers must wear cup, groin or abdominal protectors.

Seconds

1. Each competitor is entitled to one second and an assistant second who shall be governed by the following rules:
2. Both the chief second and the assistant second must be in possession of a valid coach's registration book or ID card, which must be presented to the OIC on request or they will not be allowed to officiate at a tournament.
3. Both the second and assistant second can mount the ring platform but only the chief second is allowed in the ring. Both seconds may service the boxer.

4. No advice, assistance or encouragement shall be given to the competitor by his second or assistant during the progress of the rounds.
5. A second may retire his boxer and may, when he considers his boxer to be in difficulty, throw the towel into the ring, except when the referee is in the course of counting.
6. During the boxing, neither the second nor his assistant shall remain on the platform of the ring. The second or assistant second shall, before the round begins, remove from the platform of the ring: seats, towels, bucket etc.
7. Any second, assistant second or official encouraging or inciting spectators by words or signs to advise or encourage a boxer during the progress of a round or infringing the rule in any way may be warned or removed from ringside by the referee or OIC, from acting as a second, assistant second or official for the remainder of the contest concerned. Once a coach or assistant second is removed from the ringside, he shall leave the boxing hall for remainder of the bout. If a second, assistant second or official is disqualified from acting in that capacity by the referee or the OIC for a second time at the same tournament, he will be suspended from taking any further part in that tournament. This action shall be recorded on the OIC's Report Form.

8. In the event of a second acting alone, being removed from the ringside, the bout will be stopped until a qualified and registered replacement coach is found.
9. No stimulant of any kind, other than water, may be administered to a boxer prior to or during a bout.

Dress

10. Seconds should wear white trousers. Training shoes or boxing boots must be worn. Tracksuits and white jackets are permitted. Caps or headwear of any description are not permitted unless the wearing is obligatory for religious reasons. **This dress code is mandatory.**
11. If a second or his assistant infringes the rules his boxer may be cautioned, warned or disqualified by the referee for offences committed by the second or assistant second.

CONTROL OF BOUT.

General

A referee, who shall officiate inside the ring, will have sole control of the bout. Three judges and a timekeeper shall sit directly at ringside. The judges will independently award points to each boxer in accordance with the directives. When only two judges are available, the referee shall act as a third judge and complete a scoring paper. In this instance

the referee and 2 judges will revert to the 20 – 20 scoring system. When there are less than 2 judges available, the referee shall officiate alone using the 20 – 20 system. In all cases when a bout is terminated through injury or other cause, the referee shall record the reason and hand it to the OIC.

1. The timekeeper shall be seated at one side of the ring and the three judges at the remaining three sides. In Championships, if five judges are operating, two judges will sit on the opposite side to the computer with the timekeeper in between. The computer shall always be positioned in the neutral corner with the red corner to its left. Judge No 1 will be seated to the left of the computer.
2. In the event of a boxers dress or gloves becoming undone during the bout the referee shall stop the contest and have it attended to.
3. No other objects may be worn during the contest e.g. ear rings, studs or body jewellery. The referee shall check a boxer before his head guard is fitted.
4. The use of grease, or products likely to be harmful or objectionable to an opponent, on the face, arms or any other part of the body is forbidden.
5. **Inhalers must not be used at ringside during a contest.**

6. Boxers should be clean-shaven with moustaches permissible not extending beyond the upper lip. Long hair is not permissible unless completely covered by the head guard. A fringe in front must not extend below the level of the eyebrows. A boxer practising the Sikh religion will be allowed to compete provided that his facial hair is contained within a thin black net. This must not interfere with the correct fitting of the boxers head guard. Note: - AIBA Rules stipulate that all boxers must be clean shaven.

7. It is recommended that competitors wear distinguishing colours. A suitably coloured sash can be worn to define the belt line, if required.

8. It is recommended that female contestants wear a sports bra together with a singlet or top that covers the back and is designed to preserve modesty. Breast protectors are recommended. Low blow protectors must also be worn.

Shaking of hands

Before beginning and after a bout, boxers shall shake hands in a proper manner as a sign of purely sporting and friendly rivalry in accordance with the boxing rules. The shaking of hands takes place before beginning the first round and after the announcing of the result. The shaking of hands is not permitted at any other time during a bout or between rounds.

Referee

1. The referee has sole control in the ring.
2. He shall:
 - (a) Before the contest, check the boxer's gloves and dress;
He may exclude from competing any boxer who is not clean and properly dressed.
 - (b) Prevent a boxer from receiving undue and unnecessary punishment;
 - (c) See that the rules and fair play are strictly observed.
 - (d) At the end of the contest, collect and check the papers of the three judges.
After checking them he shall pass them on to the adjudicator, OIC or MC.
Before the result is announced, he shall check the validity of the hand bandages of both boxers. The referee shall not indicate the winner until the announcement has been made.
3. He shall use three words of command: -
"Stop" when ordering the boxers to stop boxing.
"Box" when ordering them to continue.

"Break" when requiring the boxers to break from a clinch.

The Break

(a) When the referee orders the two competitors to 'break', both boxers must step back one pace before recommencing boxing. A boxer shall not attempt to strike his opponent on the 'break'. A competitor breaking this rule is liable to a caution, warning or disqualification.

(b). When the bell/gong sounds to indicate the end of the contest, both boxers must return immediately to their own corners. The referee shall ensure that this is obeyed. The contest shall be considered to have ended when the bell/gong sounds at the end of the last round.

(c) When the winner of a bout is announced, the referee shall raise the hand of the winning boxer and ensure both boxers shake hands in a sporting manner.

4. He shall indicate to a boxer by suitable explanatory signs or gestures any infringements of the rules. Such signs or gestures may be accompanied by verbal cautions or warnings except in Championships or Internationals.

(a) A referee may caution a boxer. To do so he will stop the bout and administer the appropriate caution by signs.

(b) A referee may warn a boxer. To do so he will stop the bout and administer the appropriate warning by signs to both the boxer and to each of the judges.

5. The referee is empowered:

(a) To terminate a contest at any stage if he considers it too one-sided.

(b) To terminate a contest at any stage if one of the boxers has received an injury on account of which the referee decides he should not continue.

(c) To terminate a contest at any stage if he considers the contestants are not in earnest. In such cases he may disqualify one or both contestants.

(d) To caution or administer a warning to a boxer against fouls or for any other reason in the interests of fair play, or to ensure compliance with the rules by signs.

(e) To disqualify a boxer who fails to comply immediately with his orders, or behaves towards him in an offensive or aggressive manner at any time.

(f) To warn or disqualify a second or assistant who has infringed the rules, and the boxer himself if the second or assistant does not comply with the referee's orders,

- (g) With or without previous warning to disqualify a contestant for committing a foul.
- (h) In the event of a Knock Down (KD), to suspend a count, if a boxer deliberately fails to retire to a neutral corner or delays in doing so;
- (i) To interpret the rules in so far as they are applicable to the actual contest or to decide and take any action on any circumstances of the contest, which is not covered by a rule.
6. Should a senior male boxer receive 3 counts in any round or 4 during a contest, the referee shall terminate the contest.
7. Should a female or junior boxers receive 2 counts in any one round or 3 during a contest, the referee shall terminate the contest.
8. (a) If a boxer infringes the rules but does not merit disqualification for such an infringement, the referee shall stop the contest and shall issue a warning to the offender. As a preliminary to a warning, the referee shall order the boxers to "Stop". The referee shall demonstrate the infringement in such a way that the boxer clearly understands the reason and the purpose of the warning. The referee shall clearly demonstrate the infringement signal with his hands to each of the judges that a warning

has been given and shall clearly point to the boxer whom he has warned. After giving the warning, the referee shall order the boxers to "Box". A referee having once administered a warning for a particular foul, e.g. holding, cannot issue a caution for the same type of offence. A third caution for the same type of foul will mandatory require a warning to be issued and any recurrence of the same offence must be another warning. Only three warnings may be given to the same boxer in one contest. A third warning will result in automatic disqualification.

(b) A referee may admonish a boxer. An admonishment is in the nature of advice given by the referee to a boxer to check or prevent undesirable practices or the less serious infringements of the rules. To do so he will not necessarily stop the contest but may wait for a suitable safe opportunity during a round to admonish a boxer.

9. Medical Examination of Referees.

A referee, before officiating in any Championship or International tournament conducted under these rules, shall undergo a medical examination as to his physical fitness for carrying out his duties in the ring. His vision should be at least 6 dioptries in each eye. The wearing of spectacles by a referee during a bout is not permitted. Contact lenses are allowed.

Fouls

A competitor who does not obey the instructions of the referee, acts against the boxing rules, boxes in an unsportsmanlike manner or commits fouls, can at the discretion of the referee, be cautioned, warned or disqualified without warning.

Each second is as responsible as his boxer for abiding by the rules.

The following are fouls:

1. Hitting below the belt, holding, tripping, butting, and kicking with foot or knee.
2. Hits or blows with the head, shoulders, forearms, elbows, throttling the opponent, pressing with arm or elbow in the opponents face, pressing the opponent back over the ropes.
3. Hitting with the open glove, the inside of the glove, wrist or side of the hand.
4. Hits landing on the back of the opponent and especially any blow on the back of the neck, head or kidneys.
5. Pivot blows.
6. Attack whilst holding the ropes or making

any unfair use of the ropes.

7. Lying on, wrestling and throwing in a clinch.
8. An attack on an opponent who is down or who is in the act of rising.
9. Holding.
10. Holding and hitting or pulling and hitting.
11. Holding and locking the opponent's arms or head or pushing an arm underneath the arm of an opponent.

Belt

12. Ducking below the belt of an opponent in manner dangerous to the opponent. The belt is defined as an imaginary line across the lower part of the front of the body passing through the navel from hip to hip.
13. Completely passive defence by means of double cover or intentionally falling to avoid a blow.
14. Useless, aggressive or offensive utterances during the bout.
15. Not stepping back when ordered to "Break".

16. Attempting to strike the opponent immediately after the referee has ordered "Break" and before taking a step back.
17. Assaulting or behaving in an aggressive manner towards a referee at any time.
18. Deliberately spitting out of gum shield.
19. Keeping the forward hand straight, in order to restrict the opponents vision.
20. Spitting in the ring.
21. Deliberately treading on opponent's toes.
22. Striking an opponent before or after the round.
23. Making audible utterances whilst boxing.
24. Trying to dislodge opponent's head guard.
25. Striking an opponent before and after the bell.
26. Biting an opponent.

Or any other act that the referee may deem improper.

If a referee has any reason to believe that a foul has been committed which he himself has not seen, he may consult the judges.

Judges

1. In boxing contests, all Judges must score by the 0 – 0 system using the computer scoring machine or hand held calculator. If the calculator is used the Judge will copy the final score, from the hand held unit, onto his score sheet and circle the name of the winner. After checking, he will hand his completed score sheet to the Referee.

2. Before the bout the judge will enter the names of the boxers and sign his score paper. Each judge shall, using the hand held calculator, independently judge the merits of the two contestants and the winner shall be decided in accordance with the rules.

3. He shall not speak to the contestants, nor to another judge, nor anyone else except for the referee, during the contest but may, if necessary, at the end of a round, bring to the notice of the referee any incident which he (the referee) may not appear to have noticed, such as misconduct of a second, loose ropes, etc.

4. The judge shall not leave his seat until the verdict has been announced to the public, or his

relief judge has replaced him.

5. When there are less than 3 Judges available the 20-20 system shall be used. 20 points shall be awarded for each round. No fractions of points may be given. At the end of each round the boxer who has landed the most scoring blows shall receive 20 points and the opponent proportionately less. The table shown below shall determine the awarding of points.

20 – 20 Points Table

Difference in blows	0	1	2	3	4	5	6	7	8	9	10	11
Difference in points	0	0	1	1	1	2	2	2	3	3	3	4

If the referee issues a warning to one or both boxers the judge, if he agrees with the warning(s), shall place a 'W' in the appropriate column against the points of the warned boxer(s). At the end of the round, having awarded points to each boxer in accordance with the table above, he shall deduct 1 point from the offending boxer for each 'W' on his score paper, always ensuring that at least one boxer must receive 20 points. If the judge disagrees with any warning issued by the referee, he shall acknowledge that a warning has been given by placing an 'X' in the appropriate column against the points of the warned boxer(s). In this instance no points are deducted. No extra points shall be awarded for a KD.

During each round a judge shall assess the seriousness of, and shall impose a commensurate penalty for, any foul witnessed by him irrespective of whether the referee has or has not observed such a foul. The judge will indicate that he has done so by placing in the appropriate column the letter 'J' against the points of the offending competitor and indicate the reason why. At the end of the round, having awarded points to each boxer in accordance with the table above, he shall deduct 1 point from the offending boxer for each 'J' on his score paper, always ensuring that at least one boxer must receive 20 points. If at the end of a contest and having marked each round in accordance with Directives 1 and 2, a judge finds that the boxers are equal on points he shall award the contest in accordance with directive 3.

Awarding of Points

In awarding points the following directives shall be observed:

1. **Directive 1 - Concerning hits:**

Scoring Blow

- (a) During each round a judge shall assess the respective scores of each boxer according to the number of hits obtained by each. To have a score value, each hit must, without being blocked or guarded, land directly with the knuckle part of the closed glove of either hand on any part of the

front or sides of the head or body above the belt with force. Swings landing as above described are scoring hits.

(b) The value of hits scored in a rally of infighting shall be assessed at the end of such rally and shall be credited to the boxer who has had the better of the exchanges according to the degree of his superiority.

(c) The following are not scoring blows:

(i) hitting while infringing any of the rules;

(ii) hitting with the side, the heel, the inside of the glove or with the open glove or any part other than the knuckle part of the closed glove;

(iii) blows, which land on the arms;

(iv) blows that merely connect, without the weight of the body or shoulder.

2. Directive 2 - Concerning Fouls:

(a) During each round a judge shall assess the seriousness of any foul being committed by

either boxer, and irrespective of the actions of the referee, may penalise either or both boxers.

(b) If the referee warns one of the boxers, the judge, may award point(s) to the other boxer. If the judge agrees with the referee he will press the "warning" button, of the relevant boxer, on his hand held calculator or computer keypad.

(c) If a judge observes a foul not seen by the referee and wishes to impose a penalty against the offending boxer, he will press the "warning" button of the offending boxer.

3. **Directive 3 - Concerning the awarding of points:**

(a) If at the end of a contest and having marked each round in accordance with Directives 1 and 2, a judge finds that the boxers are equal on points he shall, by circling his name, award the decision to the boxer: -

(i) who has done most of the leading off (**L**), which is deemed to be the boxer who has attempted to strike first or has initiated the attacks or if equal in that respect,

(ii) to the boxer who has shown the better style (**S**), which is deemed to be the boxer with the more orthodox and upright stance or if equal in that respect,

(iii) to the boxer who has shown the better defence (**D**), by blocking, parrying etc., which prevents his opponent's, striking the scoring area.

attacks

A WINNER MUST BE NOMINATED

(b) No extra points are awarded for a KD.

Announcement of Decision and disposal of scoring papers

1. At the end of each bout where the stipulated number of rounds has been completed, the referee shall collect and verify the judges' scoring papers and instruct the MC to announce the decision, stating whether this is a unanimous or majority decision. The referee will raise the hand of the winner.

2. The judges' scores **SHALL** be made known to the public.

3. If a bout is terminated in favour of one boxer, the referee shall instruct the MC to announce the name of the winner and the reason for the stoppage, then collect the judges' scoring papers.

4. If both boxers are unable to continue boxing due to injury or simultaneous KO, the judges' scoring papers will be collected and the verdict awarded to the boxer who was leading on points when the bout was stopped. In such cases,

should the bout be terminated during a round, the judges shall award points as though it had been a completed round.

5. If a boxer is disqualified, the referee shall instruct the MC to announce the reason for disqualification and the name of the winner. If both boxers are disqualified, the referee shall instruct the MC to announce the reason(s). The referee shall then collect the judges' scoring papers.

6. When there are only two judges, the referee shall first complete his scoring paper and then collect the judges' scoring papers. Should there be less than two judges the referee alone shall officiate; on no account shall he officiate with only one judge. In this case revert to 20-20 manual scoring.

7. At the termination of each bout, the referee shall hand the scoring papers to the MC who will be responsible for giving them to the OIC, unless other arrangements for their disposal has been made by the ABAE or other appropriate Association.

Decisions.

1. Win on Points: PTS

At the end of a contest the boxer who has been awarded the decision by a majority of the judges shall be declared the winner. If both boxers are injured or are KO'd simultaneously and cannot continue the contest, the judges act in accordance with page 66, para 4.

2. **Win By Retirement: RTD**

If a boxer retires voluntarily owing to injury or other cause, or if he fails to resume boxing immediately after the rest between rounds, his opponent shall be declared the winner.

3. **Win By Disqualification: DSQ**

The referees shall have the power to caution, warn or disqualify without warning. If a boxer is disqualified, his opponent shall be declared the winner. If both boxers are disqualified the decision shall be announced accordingly.

4. **Win By Knockout: KO**

If a boxer is 'down' and fails to resume boxing within ten seconds, his opponent shall be declared the winner by a KO.

5. **Win By Referee Stopping Contest: RSC**

(a) **OUTCLASSED:** If a boxer, in the opinion of the referee, is being outclassed, or is receiving excessive punishment, the bout shall be stopped and his opponent declared the winner.

(b) **INJURY:** If a boxer, in the opinion of the referee, is unfit to continue because of injury or other physical reasons, the bout shall be stopped and his opponent declared the winner. The right to make this decision rests with the referee, who may consult the MO.

Having consulted the MO, the referee must follow his advice. When a referee calls a MO into the ring to examine a boxer, only these two officials should be present. No seconds should be allowed into the ring or on the apron.

(6) No Contest: NC

A bout may be terminated by the referee inside the scheduled distance owing to a material happening outside the responsibility of the boxers or the control of the referee, such as the ring becoming damaged, the failure of the lighting supply, exceptional weather conditions, etc. In such circumstances the bout shall be declared "No Contest" and the OIC shall decide the necessary further action. If the incident occurs in the last round of a bout, the contest shall be terminated and the Judges asked to give a decision as to the winner of the bout.

The decision of the judges or referee, as the case may be, shall be final and without appeal.

The Timekeeper:

The main duty of the timekeeper is to regulate the number and duration of the rounds and intervals between rounds. The interval shall be of one minute duration in all contests.

1. He shall be seated directly at the ringside;
2. Five seconds before the commencement of each round he shall clear the ring by ordering "Seconds Out".

3. He shall commence and end each round by striking the bell/gong;
4. He shall announce the number of each round immediately prior to commencing it;
5. He shall take off time for temporary stoppages, or when instructed to do so by the referee;
6. He shall regulate all periods of time and counts by a watch or clock;
7. At a KD he shall signal to the referee with his hand the passing seconds while the referee is counting, but must not stop his main clock.
8. If at the end of any round a boxer is 'down' and the referee is in the course of counting, the bell/gong indicating the end of the round will not be sounded. The bell/gong will be sounded only when the referee gives the command "Box" indicating the continuation of the contest.

Down:

1. A boxer is considered "down":
 - (a) If he touches the floor with any part of his body other than his feet.
 - (b) If he hangs helplessly on the ropes.

- (c) If he is outside or partly outside the ropes.
- (d) If, following a hard punch, he is still standing but is in a distressed state and cannot, in the opinion of the referee continue the bout.

2. In the case of a KD, the referee shall immediately begin to count. When a boxer is down his opponent must go at once to the corner indicated by the referee and will stay there until the referee commands "box". If the boxer does not go to the corner indicated, the referee will stop counting until he does so. The counting will then continue from where it was interrupted. The referee shall count aloud in one-second intervals indicating each second with his hand in such a manner that the boxer who has been KD'd may be aware of the count.

3. When a boxer is down as a result of a blow, the bout will not continue until the referee has reached the count of eight, even if the boxer is ready to continue before then. After the referee has counted ten and out, the bout ends and the decision is a KO.

4. In the event of a boxer being down at the end of a round, the referee will continue to count. Should the referee count up to ten, the boxer shall be deemed to have lost the bout by KO. If the boxer is fit to resume boxing before the count of ten is reached, the referee will use the command "box".

5. If a boxer is down as a result of a blow and the bout is continued after the count of eight, but the boxer falls again without having received a fresh blow, the referee will continue from the count of eight.
6. If both boxers go down at the same time counting will be continued as long as one of them is still down. If both boxers remain down until the count of ten the bout will be stopped and the decision given in accordance with points awarded up to the time of the KD.
7. A boxer who fails to resume boxing within ten seconds when KD'd by a blow, shall lose the contest.
8. When a senior boxer receives 3 compulsory counts in the same round, or 4 for the whole bout, the referee shall stop the contest - RSC or RSC (H).
9. When a junior or female boxer receives 2 compulsory counts in the same round, or 3 for the whole contest, the referee shall stop the contest – RSC or RSC (H).
11. A down or count caused by any foul shall not be included in the compulsory count limit.

Failure to resume a bout.

In all bouts, any competitor who fails to resume boxing when time is called shall lose the bout.

Procedure after a KO or RSC (H):

1. If a boxer is rendered unconscious then only the referee and the MO summoned should remain in the ring, unless the MO needs a resuscitation team or extra help.
2. A boxer who has been KO'd during a contest or where the referee stopped the contest due to a boxer having received hard blows to the head, RSC (H), making him defenceless or incapable of continuing shall be examined by the MO immediately afterwards and accompanied to his home or suitable accommodation by a responsible person.
3. A boxer who has been KO'd during a contest or where the referee stopped the contest due to a boxer having received hard blows to the head making him defenceless or incapable of continuing shall not be permitted to take part in competitive boxing or sparring for a period of at least 28 clear days after he has been KO'd or RSC (H)'d.
4. A boxer who has been KO'd during a contest or where the referee stopped the contest due to a boxer having received hard blows to the head making him defenceless or incapable of continuing twice in a period of 84 days shall not be permitted to take part in competitive boxing or sparring during a period of 84 days from the date of the second KO or RSC (H).
5. A boxer who has been KO'd during a contest or where the referee stopped the contest due to a boxer having received hard blows to the head making him defenceless or

incapable of continuing three times in a period of 12 months shall not be allowed to take part in competitive boxing or sparring for a period of one year from the date of the third KO or RSC (H).

6. The referee will indicate to the OIC and judges to annotate the scorecard RSC (H) when he has stopped a contest as a result of a boxer being unable to continue as a result of blows to the head.

7. In the event of a KO decision due to body blows, a medical suspension will be issued at the discretion of the MO from 0 – 28 days. The MO's decision shall be entered on the MOA's report form and boxer's ME3.

8. 28 - day suspensions from body blows do not count towards cumulative suspensions.

CHAMPIONSHIPS

General.

1. All ABAE Championships are open to British and non-British Nationals. Non British Nationals and ex professional boxers must have held an ABAE ME3 for a period of 1 year from the date of their first medical.
2. Boxers entering any ABAE Championships must be members of a club or organisation affiliated to the ABAE. He must represent the club etc of which he

was a member preceding the Championships in which he is engaged.

3. Entry must be made on the form provided by the ABAE. The form must be signed by the entrant (and if under 18 endorsed by his parent or guardian) who will be held responsible for the accuracy of the statements made on the form. A closing date for receipt of entry forms may be set prior to the first stage of the Championships.
4. If there is no opponent for a boxer to compete in the National Final of a Championship, he will only be awarded the Title if he has competed at an earlier stage.
5. In all Championships boxers in the RED corner must not wear a BLUE vest or Boxers in the BLUE corner must not wear a RED vest.
6. ABAE Championships will be contested in the following stages:
 - (a) Regional Divisional Championships (where appropriate).
 - (b) Regional Association Championships.
 - (c) National Pre- Quarter and Quarter Finals.

- (d) National Semi Finals in which the winners of the Quarter Finals will compete.
- (e) National Finals in which the winners of the Semi Finals will compete.
- (f) Four Nations Cup (Great Britain & Irish Championships) in which the winners of the Finals will compete for England against boxers from Ireland, Scotland and Wales.

7. If the winner of any stage of the Championships is unable to compete in the next stage his runner up may do so provided that he has not been disqualified or is under medical suspension.

8. Failing either the winner or runner up being able to compete in the:

- (a) Quarter Final, Semi Final or Final - the Championships Committee may nominate a representative.
- (b) Four Nations Cup - the appropriate ABAE selectors, will be permitted to nominate a representative.

9. Representatives referred to in paragraphs 8(a) and 8(b) must have competed in the current Championships at the relevant weight. This condition may be waived if a representative cannot be found to compete in the Four

Nations Cup. In this case the ABAE selectors may nominate a suitable representative.

10. The minimum size of the ring for all Championship events for both Senior and Junior boxers shall be 4.88 metres square (16ft) measured inside the line of the ropes.

11. Preliminary / Divisional box offs may be allowed in a 14 ft ring on a Club tournament.

12. In the preliminary stages of the Championships it may be necessary for a Boxer to compete more than once on the same day, or within three days. In these circumstances the 3-day rule will be waived, but no Boxer. in any Championship, shall box more than twice within a 3 day period.

13. Wherever possible, boxers should not compete more than once on the same day.

14. The electronic scoring machine will be used for all Championships from and including the Regional Association Finals up to and including the National Finals. Any Association not complying with this rule will be liable to a fine imposed by the ABAE.

15. No stage of any ABAE Championships shall take place at a private club or other private premises where the public cannot gain admittance at reasonable prices.

16. Prior to each new season, the Technical & Rules Commission Championships Committee will produce a Calendar for all ABAE run Championships. There will also be ongoing consultation with the Clubs for Young People (CYP) and the British Amateur Boxing Association (BABA) in order to avoid date clashes.

The English Council for Amateur Boxing (ECAB) must approve the programme before publication.

17. In all Championships, every season a draw will take place by the Championship Committee to determine which Regional Association will compete against each other in the Championships Quarter Finals and earlier pre-1/4 Final matches. In the interests of fairness, Associations drawn to box in a pre-1/4 Final Match will be excluded from the first part of the draw in the following season.

Weigh In

19. (All Championship weight categories are shown on pages 94 - 99)

(a) At all rounds of the Championships, boxers must weigh-in, be medically examined on the day of their competition and produce a valid ME3 at the weigh-in, except in the case of officially notified 'walkovers'. Boxers who have to box twice on the same day must be medically examined again before their second contest.

(b) The scales must have a current certificate of calibration, on display at the weigh-in, issued within 72 hours prior to the weigh-in. The scales shall be open for two hours during which time Boxers may have as many check weighs as they wish. A correct weight at any time during the two hours will be accepted as official.

(c) At the first round weigh-in of any championship a boxer may change weight categories but shall then remain in that weight category throughout the duration of the particular championship.

(d) A boxer who weighs-in below the lower weight limit in his chosen weight category will be eliminated.

Draws and Byes

20. The draw shall take place after the weigh-in and medical examination. In competitions where there are more than four competitors, a sufficient number of byes shall be drawn in the first series to reduce the number of competitors in the second series to 4, 8, 16 or 32.

BOUTS SHALL BE DRAWN FIRST.

Any Boxer withdrawn after the draw has been made may cause his Club to be fined by the Division or Association responsible for that stage of the Championships. Competitors drawing a bye in the first series shall be the

first to box in the second series. If there is an odd number of byes, the boxer who draws the last bye will compete in the second series against the winner of the first bout in the first series. Where the number of byes is even, the boxers drawing byes shall box the first bouts in the second series in the order in which they are drawn. No competitor may receive a bye in the first series and a walkover in the second series or two consecutive 'walkovers'. Should such a situation arise a fresh draw shall be made of the other boxers remaining in the series who have not received a bye or walkover in the preceding series. The first boxer to be drawn will meet the boxer who has benefited from a bye or walkover in the preceding series and the new draw shall then proceed in the normal way.

Table for draws and byes.

21. Any Boxer who by representing his country in the European Championships, Commonwealth Games or Olympic Games is unable to compete in the preliminary stages of the ABAE Championships may be entered in the Championships at a stage to be determined by the ECAB.

No of Entries	Bouts	Byes
5	1	3
6	2	2
7	3	1
8	4	0
9	1	7
10	2	6
11	3	5

22. At all Championships appointed Officials can claim travelling expenses. Officials travelling to pre-1/4 Final and 1/4 Final away matches, will be paid by their home Association. The host Association will pay the Computer Operator. Officials appointed by the Referees and Judges Commission to National Semi Finals or Finals of any Championships will be paid travelling expenses and accommodation (where necessary) by the ABAE. Boxers and coaches may only claim travelling expenses, paid by the ABAE, for the Semi Finals and Finals of Senior ABAE Championships. Only in exceptional circumstances will accommodation be provided for boxers and coaches.

23. At all rounds of ABAE Championships, trophies (not solely certificates) will be awarded to winners and runners up. A framed certificate or medal will count as a trophy. A disqualified boxer may only receive a prize or trophy at the sole discretion of the OIC.

Bandage Inspector

24. From October 01 2009, at all Championships, the only bandages used must be purchased from the ABAE and bear the ABAE Registration stamp. The organisers will appoint bandage inspectors, glovers up, ring stewards and whips. The appointed bandage inspectors will validate bandages for each contest before the boxer wears them. If they are of the correct type and length they will be put on in front of the Inspector who will stamp them before the boxer goes to the gloving up table. Boxers will not be permitted to glove up if the bandages do not bear the approved stamp.

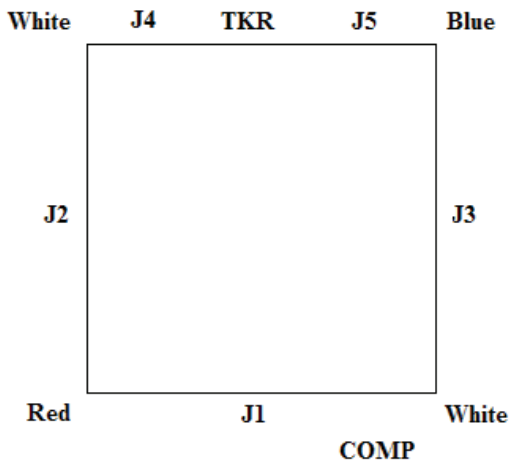
25. At all Championships where there are more than 25 bouts, 2 rings should be used. on the same day. Alternatively the tournament should be boxed over 2 days.

26. In all Championships the condition of entry will apply.

Doping Controls As per Medical Aspects.

Electronic Scoring Machine

Ringside layout.



If a scoring machine is used the following provisions shall apply:

1. In Championships and Internationals normally five judges will be used. If, due to unforeseen circumstances, five judges are not available three judges are acceptable.

2. With electronic scoring, the points decision is made up of the correct hits and all other information each judge feeds into the computer by pressing the respective buttons.

3. On the basis of the correct hits and all other information recorded, the final result is calculated automatically, the fundamental principle being that only such blows are recorded for the final result that have been fed in simultaneously by at least three of the five judges within 1 second. The winner of the contest is the boxer who has achieved the higher number of qualified points.

4. If a boxer receives a warning with which 3 or more judges agree and press the appropriate button, the scoring machine automatically awards 2 points to his opponent at the end of the warning period. The judge must wait for the light to flash on his keypad **before** pressing any warning button. The light will flash for 10 seconds.

5. If any judge disagrees with a warning by the referee, no warning buttons shall be pressed.

6. If a judge wants to issue a judge's warning, he may press the warning button of the offending boxer at any time during the round. If 3 or more judges issue a judge's warning for the same boxer, the scoring machine

automatically awards 2 points to his opponent at the end of the round being boxed.

7. Judges must be aware that incorrect pressing of warning buttons, may result in a boxer being penalised twice for the same offence.

8. If, at the end of the contest the scores are equal, the scoring machine automatically recalculates using all of the combined hits of each individual judge. If, after this recalculation (known as "count back") the scores are still equal, the foreman of the jury will indicate this to the judges by raising a white bat. The judges will be required to award the decision, in accordance with Directives - 3a (i), (ii), and (iii), by pressing the appropriate red or blue hits button.

9. At the end of each contest the machine produces all the relevant documentation, including the judges score sheets.

10. If the scoring machine becomes defective, the procedure shall be as follows:

- (a) The president of the Jury shall stop the bout for one minute. If during that period the defect cannot be rectified, the bout will continue and the Jury scoring papers will be used to determine the winner.

- (b) If the defective scoring machine cannot be restored for the rest of the tournament the judges will score the remaining contests by hand held calculator.
- (c) Whenever the hand held calculator is used, before the judges enter their scores, the Adjudicator must verify the individual judges' scores.

The Jury

1. Each member of the Jury shall record his score for each bout and these scores will be available for comparison with the relevant judges scores or in the event of scoring machine malfunction.
2. After each contest the jury shall check the scoring papers of the judges for accuracy and having satisfied themselves that they are, the President of the Jury will convey the name of the winner and score to the announcer.

Male Boxers.

The conditions of entry

A boxer can enter any Junior Championship and any Senior championship in the same season.

ABAE Junior Novices. (no less than 2 ABAE bouts and no more than 10 bouts one calendar month before Association Final date on the entry form).

Class A is for boxers whose 15th birthdays occur in the calendar year of the Class and contested over 3 x 2 minutes rounds.

Class B is for boxers whose 16th birthdays occur in the calendar year of the Class and contested over 3 x 2 minute rounds.

2. ABAE. Schools (no less than 2 ABAE bouts on entry)

Class 1 is for boxers whose 13th birthdays occur in the calendar year of the Class and contested over 3 x 1.5 minutes rounds.

Class 2 is for boxers whose 14th birthdays occur in the calendar year of the Class and contested over 3 x 1.5 minutes rounds.

Class 3 is for boxers whose 15th birthdays occur in the calendar year of the Class and contested over 3 x 2 minute rounds.

3. ABAE Juniors. (no less than 2 ABAE bouts on entry)

Class 4 is for boxers whose 16th birthdays occur in the calendar year of the Class and contested over 3 x 2 minute rounds.

Class 5 is for boxers whose 17th birthdays occur in the calendar year of the Class and contested over 3 x 2 minute rounds.

Class 6 is for boxers whose 18th birthdays occur in the calendar year of the Class and contested over 4 x 2 minute rounds.

Weight Allowance

All Junior categories will receive a weight allowance at the Pre-1/4 Finals, Quarter Finals, Semi Finals and Finals.

Allowances are: -

Boxers in weight classes,

up to and including 50kgs - 300gms,

over 50kgs and up to and including 63kgs - 500gms.

over 63kgs - 700gms.

Weight Reduction

The maximum weight a Junior boxer may lose during the weigh-in period at any Championship shall be: -

300gms for weight classes up to and including 50kgs,

500gms for weight classes over 50kgs and up to 63kgs

(inclusive), and 700gms for weight classes over 63kgs.

ABAE Senior Novices.

1. Boxers must be 17 years or over on the 1st October prior to the Championships.

2. **Class A** is for Boxers who have had **2** ABAE bouts and no more than **10** bouts one calendar month before Association Finals date on the entry form. Boxers who have previously won a National Novice Championship at Class A are excluded. Bouts will be contested over 3 x 2 minute rounds.

Class B is for Boxers who have had a minimum of **11** and a maximum of **20** bouts, (must include 2 ABAE bouts), one calendar month before the Association Finals date on the entry form. Bouts will be contested over 4 x 2 minute rounds.

3. A boxer who wins the National Novice Championships at Class A shall be eligible to box in Class B in subsequent years provided he has not exceeded the specified number of contests. A boxer who wins a Novice Championship at Class B is automatically reclassified as Intermediate and is, therefore, ineligible.

ABAE Senior Open Championships (no less than 5 bouts on entry to include 2 ABAE bouts)

These Championships shall be held annually under the following conditions:

1. Boxers must be 17 years of age or over on the 1st October preceding the championships.

2. Any boxer serving in HM Forces is only eligible to compete in the Championships by entry through his respective Service. Boxers entering or leaving the Services during the course of the Championships shall qualify as directed by the ABAE.

3. Members of the Police & Community Boxing Association of England must enter through the Regional Association where they are domiciled or stationed.

4. Once a Boxer has competed at the first stage, he will be deemed to have entered, and must be reclassified as Intermediate.

5. All bouts will be contested over 3 x 3 minute rounds.

6. Ex professional and non-British boxers must have held an ME3 for one calendar year from the date of their first medical on return, before being eligible to enter.

CYP Championships

1. Class A is for boxers whose 16th birthdays occur in the calendar year of the Class. and contested over 3 x 2 minutes rounds.

2. Class B is for boxers whose 17th birthdays occur in the calendar year of the Class. and contested over 3 x 2 minutes rounds.

3. Class C is for boxers whose 18th or 19th birthdays occur in the calendar year of the Class. and contested over 4 x 2 minutes rounds.

4. Class C Champions will be re-graded to Intermediate Classification.

5. All stages of CYP Championships must be under the control of the Association in which they are held. No Club is permitted to hold any rounds of these Championships. The Association Secretary must liaise with the local CYP Officer regarding organisation and costs.

Female Boxers.

ABAE Schools

1. Class 1 is for boxers whose 13th birthdays occur in the calendar year of the Class and contested over 3 x 1.5 minutes rounds.

2. Class 2 is for boxers whose 14th birthday occurs in the calendar year of the Class and contested over 3 x 1.5 minutes rounds.

3. Class 3 is for boxers whose 15th birthdays occur in the calendar year of the Class and contested over 3 x 2 minutes rounds.

ABAE Juniors

1. Class 4 is for boxers whose 16th birthdays occur in the calendar year of the Class and contested over 3 x 2 minutes rounds.
2. Class 5 is for boxers whose 17th birthday occurs in the calendar year of the Class and contested over 3 x 2 minutes rounds.

Weight Allowance

All Junior categories will receive a weight allowance at the Pre-1/4 Finals, Quarter Finals, Semi Finals and Finals.

Allowances are: -

Boxers in weight classes

up to and including 50kgs - 300gms,
over 50kgs and up to and including 63kgs - 500gms.
over 63kgs - 700gms.

Weight Reduction

The maximum weight a boxer may lose during the weigh-in period at any Championship for junior boxers shall be 300gms for weight classes up to and including 50kgs, 500gms for weight classes over 50kgs and up to 63kgs (inclusive) and 700gms for weight classes over 63kgs.

ABAE Seniors

1. Class C (0 - 5 Bouts on entry) is for boxers who are 17 years or more on 01 October preceding the Championships. and contested over 3 x 2 minutes rounds.
2. Class B (6 to 10 bouts on entry, to include 2 ABAE bouts) is for boxers who are 17 years or more preceding the Championships. and contested over 3 x 2 minutes rounds.
3. Class A (More than 10 bouts on entry, to include 2 ABAE bouts) is for boxers who are 17 years or more on the 1st October preceding the championships.
4. Any boxer serving in HM Forces is only eligible to compete in the Championships by entry through her respective Service. Boxers entering or leaving the Services during the course of the Championships shall qualify as directed by the ABAE.
5. Members of the Police & Community Boxing Association of England must enter through the Regional Association where they are domiciled or stationed.

Appendix One

ABAE Schedule of Expenses (2008 / 2009)

Mileage

**Please
identify
mileage rate
used**

**Mileage
Rates**

All staff,
Officials,
coaches,
boxers and
volunteers

Engine Size (cc)	Rate Permitted	If Car Sharing
Under 1000	0.20	0.25
1001- 2000	0.25	0.30
Over 2000	0.30	0.35

Expense Type	Rate
Rail	Standard Class Travel ⁽¹⁾
Meals	
Breakfast	£6
Lunch	£8
Dinner	£15

(1) Rail travel is the preferred method of transport for all boxers and employees. Volunteers should whenever possible travel by rail.

Appendix Two

CHAMPIONSHIPS WEIGHT CATEGORIES

ABAE Male Schools

Class 1 (3 x 1.5 Minute Rounds)	Class 2 (3 x 1.5 Minute Rounds)	Class 3 (3 x 2 Minute Rounds)
Kgs	Kgs	Kgs
28 – 30	32 – 34	36 - 38
30 – 32	34 – 36	38 - 40
32 – 34	36 – 38	40 - 42
34 – 36	38 – 40	42 - 44
36 – 38	40 – 42	44 - 46
38 – 40	42 – 44	46 - 48
40 – 42	44 – 46	48 - 50
42 – 44	46 – 48	50 - 52
44 – 46	48 – 50	52 - 54
46 – 48	50 – 52	54 - 57
48 – 50	52 – 54	57 - 60
50 – 52	54 – 57	60 - 63
52 – 54	57 – 60	63 - 66
54 – 57	60 – 63	66 – 70
57 – 60	63 – 66	70 - 75

ABAE Male Junior & CYP.

**Class 4 &
CYP Class A**
(3 x 2 Minute Rounds)

**Class 5 &
CYP Class B**
(3 x 2 Minute Rounds)

Class 6
(4 x 2 Minute Rounds)

Kgs
44 – 46
46 – 48
48 – 50
50 – 52
52 – 54
54 – 57
57 – 60
60 – 63
63 – 66
66 – 70
70 – 75
75 – 80
80 – 85

Kgs
46 – 48
48 – 50
50 – 52
52 – 54
54 – 57
57 – 60
60 – 63
63 – 66
66 – 70
70 – 75
75 – 80
80 – 85
85 – 91

Kgs
48 - 50
50 - 52
52 - 54
54 - 57
57 - 60
60 - 63
63 - 66
66 - 70
70 - 75
75 - 80
80 - 85
85 - 91
91+

ABAE Male Senior
(3 x 3 Minute Rounds)

ABAE Female Senior
Class A (4 x 2 Minute Rounds)
Class B (3 x 2 Minute Rounds)
Class C (3 x 2 Minute Rounds)

CYP Class C
(4 x 2 Minute Rounds)

Male Senior Novices
Class A (3 x 2 Minute Rounds)
Class B (4 x 2 Minute Rounds)

Kgs		Kgs
45 – 48	Light Flyweight	44 - 46
48 – 51	Flyweight	46 - 48
51 – 54	Bantamweight	48 - 51
54 – 57	Featherweight	51 - 54
57 – 60	Lightweight	54 - 57
60 – 64	Light Welterweight	57 - 60
64 – 69	Welterweight	60 - 64
69 – 75	Middleweight	64 - 69
75 – 81	Light Heavyweight	69 - 75
81 – 86	Cruiserweight	-----
86 – 91	Heavyweight	75 - 81
91+	Super Heavyweight	81+

Male Junior Novice ABAE

Class A

(3 x 2 Minute Rounds)

Kgs

42 – 44

44 – 46

46 – 48

48 – 50

50 – 52

52 – 54

54 – 57

57 – 60

60 – 63

63 – 66

66 – 70

70 – 75

75 – 80

Class B

(3 x 2 Minute Rounds)

Kgs

44 - 46

46 – 48

48 – 50

50 – 52

52 – 54

54 – 57

57 – 60

60 – 63

63 – 66

66 – 70

70 – 75

75 – 80

80 – 85

ABAE Female Schools

Class 1

(3 x 1.5 Minute Rounds)

Kgs
28 – 30
30 – 32
32 – 34
34 – 36
36 – 38
38 – 40
40 – 42
42 – 44
44 – 46
46 – 48
48 – 50
50 – 52
52 – 54
54 – 56
56 – 58

Class 2

(3 x 1.5 Minute Rounds)

Kgs
32 – 34
34 – 36
36 – 38
38 – 40
40 – 42
42 – 44
44 – 46
46 – 48
48 – 50
50 – 52
52 – 54
54 – 56
56 – 58
58 – 60
60 – 63

Class 3

(3 x 2 Minute Rounds)

Kgs
36 - 38
38 - 40
40 - 42
42 - 44
44 - 46
46 - 48
48 - 50
50 - 52
52 - 54
54 - 56
56 - 58
58 - 60
60 - 63
63 - 66
66 - 69

ABAE Female Junior

Class 4

(3 x 2 Minute Rounds)

Kgs

44 - 46

46 - 48

48 - 50

50 - 52

52 - 54

54 - 56

56 - 58

58 - 60

60 - 63

63 - 66

66 - 69

69 - 72

72 - 75

Class 5

(3 x 2 Minute Rounds)

Kgs

44 - 46

46 - 48

48 - 50

50 - 52

52 - 54

54 - 56

56 - 58

58 - 60

60 - 63

63 - 66

66 - 69

69 - 72

72 - 75

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